

A background image showing a complex molecular structure with various colored atoms (yellow, red, green) connected by lines, set against a warm, glowing orange and yellow light.

All About NIH Supplements to Support Researchers through Major Life and Career Changes

Laura Major, DrPH
Training Officer
National Institute on Aging
May 6, 2025

Outline

1. Re-entry supplements
2. Research continuity and retention supplements
3. How to prepare your supplement application
4. Q&A



Disclaimer

This webinar is for informational purposes only and **does not replace** the detailed instructions in the Notices of Funding Opportunity (NOFOs):

- [NOT-OD-23-170](#)
- [NOT-OD-23-031](#)
- [NOT-OD-23-032](#)



What is a supplement?

- NIA offers supplements through announcement [PA-20-272](#): Administrative Supplements to Existing NIH Grants and Cooperative Agreements (Parent Admin Supp Clinical Trial Optional)
- Helps Program Directors/Principal Investigators (PD/PIs) meet increased costs that are **within the scope of the approved award** but were unforeseen when the new or renewal application or grant progress report for non-competing continuation support was submitted.
- Not a standalone award, but rather an **add-on award to an existing parent grant**

Re-entry Supplements



Re-Entry Supplements

NOT-OD-23-170: Research Supplements to Promote Re-entry, Re-integration into, and Re-training in Health-Related Research Careers (Admin Supp - Clinical Trial Not Allowed)

- Three categories:
 1. Re-entry
 2. Re-integration
 3. Re-training and Re-tooling
- The **Candidate** (mentee) works with a **PD/PI** (mentor) on active parent grant



Individual to be directly supported by funds from the Re-entry Supplement program.



Individual to serve as a mentor for the candidate's research training experience

Re-entry Supplements - Definitions

Program	Description	Eligibility
Re-entry	<p>Provides mentored research training opportunities to scientists who have had at least six months of interruption in their careers due to qualifying circumstances so they can reenter active research careers.</p> <ul style="list-style-type: none">Qualifying circumstances include but not limited to: child-rearing, incapacitating illness/injury to candidate/family member, relocation to accommodate family member, job offer rescinded due to natural disaster/public health emergency, military service, pursuit of non-research endeavors to permit earlier repayment of debt incurred while obtaining doctoral degree	Doctorate or an equivalent degree
Re-integration	<p>Addresses the critical need of scientists who have been adversely affected by unsafe or discriminatory environments resulting from unlawful harassment to rapidly transition into new research environments that are safe and supportive.</p>	Predoctoral and postdoctoral students
Re-training and Re-tooling	<p>Provides support and protected time for a mentored research experience that allows an early or mid-career candidate to obtain new skills and permits the candidate to move to a new research environment (i.e., different from current place of employment) while augmenting the parent grant.</p>	At least 2 years of post-doctoral research experience; scientists appointed as Research Associates, Instructors, Assistant or Associate Professors, and other scientists

NIA Re-entry Supplements at a Glance

Topic	Description
Eligible Parent Grants	Eligible parent grants are comprehensively listed in PA-20-272 and NOT-OD-23-170 . The parent grant must have at least 1 year <u>remaining</u> on the award at the time of issuance of the supplement. Grants in a no-cost extension are not eligible for supplement support.
Candidate Requirements	Candidates must be U.S. citizens or permanent residents. Candidates who have already begun the re-entry process through a fellowship, traineeship, or similar support at time of application are not eligible.
PD/PI Requirements	<p>The PD/PI must have an active parent grant to be eligible.</p> <p>For Multiple Principal Investigator (MPI) parent grants, any or all PD/PIs may request the supplement. The Contact PI should submit the application through the awardee institution of the parent award even though work on the supplement may be conducted at another institution.</p> <p>For multi-component parent grants, the overall Contact PI should submit the application from his or her institution on behalf of project/core PIs.</p>
Award Budget	Varies based on career level of the candidate (see Allowable Costs)
Award Duration	1-2 years
Clinical Trials	Independent or ancillary clinical trials are not allowed. Applicants are permitted to propose research experiences and activities in clinical trials led by a mentor.

Allowable costs

- **Salary and fringe benefits, supplies, travel and publication costs, and tuition** (if applicable) are the only budget categories allowable for re-entry supplements
- No other direct cost line items in the budget will be covered
- No escalations on salary or fringe benefits are allowed

	Predocs	Postdocs	Faculty
Salary and Fringe	Institutional salary rates; total compensation cannot exceed zero level NSRA postdoc stipend*	Institutional salary rates; in accordance with maximum level NRSA postdoc stipend at the time of appointment*	Up to \$75,000 salary plus fringe benefits
Supplies, Travel, and Publication	\$10k per year	\$10k per year	\$10k per year
Tuition	Allowable	N/A	N/A
Period of Support	1-2 years	1-2 years	1-2 years

Research Continuity and Retention Supplements



Research Continuity and Retention Supplements

- For early-career PD/PIs who are facing **qualifying critical life events** that have the potential to affect research progress or productivity
- Two candidate categories with different NOSIs:
 1. [NOT-OD-23-031](#): Recipients of NIH mentored career development (K) awards
 2. [NOT-OD-23-032](#): First-time recipients of NIH Research Project awards

Qualifying Events

Critical life events that qualify for consideration include the following:

- High-risk pregnancy
- Childbirth
- Adoption
- Serious personal health issues, such as illnesses and/or debilitating conditions
- Primary caregiving responsibilities for an ailing spouse, child, partner, parent, or other member of the immediate family

Applicants must provide evidence that the circumstance may affect productivity or advancement of the research project. The qualifying event(s) must occur **during the project period of the parent grant** and be current or **have occurred no more than one year prior** to the time of supplement application.

Allowable Expenses

- Additional personnel
- Computational services (e.g., statistical support)
- Supplies and equipment



Funds may **not** be used for PI salary support

NIA Continuity and Retention Supplements at a Glance

	K Awards	First-Time R Awards
Parent Grant	<p>K00, K01, K07, K08, K22, K23, K25, K38, K43, K76, and K99.</p> <p>Grants in a no-cost extension are not eligible for supplement support.</p>	<p>DP1, DP2, DP5, R01, R00, R15, R16, R21, R34, R35, RF1, R37 and U01.</p> <p>Grants in a no-cost extension are not eligible for supplement support.</p>
PD/PI	<p>Recipient of active K award and experiencing qualifying event.</p>	<p>First-time recipient of active R award and experiencing qualifying event.</p> <p>PD/PIs with more than one independent research project grant award are not eligible.</p>
Award Budget	Maximum direct cost of \$70,000	
Award Duration	1 year	

Overview

Re-entry Supplements

- Provides full or part-time **mentored research training experiences** for individuals with high potential to **re-enter, re-integrate into, or re-train** in an active research career after an **interruption for family responsibilities or other qualifying circumstances**
- Opportunity to update or extend their research skills and knowledge and prepare them to **re-establish or revitalize their careers** in basic biomedical, behavioral, clinical, translational, or social science research

Continuity/Retention Supplements

- Provides supplemental research support to investigators who are facing **qualifying critical life events**
- Ensures continuity of research among recipients of **mentored career development (K) awards**
- Enhances retention of investigators who are transitioning to the **first renewal of their first independent research project grant award** or to a **second new NIH research project grant award**



How to Prepare Your Supplement Application

Supplements Application Process

- Applications must be submitted electronically as an Administrative Supplement via parent program announcement [PA-20-272](#).
- Applicants **MUST** include the appropriate Notice of Special Interest (NOSI) number in the **Agency Routing Identifier field (box 4b) of the SF424 R&R form**. Applications without this information in box 4b will *not* be considered.
 - **Re-entry applicants:** Include NOT-OD-23-170
 - **K award recipients:** Include NOT-OD-23-031
 - **First-time research project grant recipients:** Include NOT-OD-23-032

NIA-Specific Supplement Application Requirements

Application Component	Re-entry Supplements	Continuity Supplements
Research Strategy	✓	✓
Summary/Abstract of Parent	✓	✓
Research Training and Career Development Plan	✓	
Specific Aims of Parent	✓	✓
Cited References	✓	✓
Candidate Biosketch	✓	
PD/PI(s) Biosketch(es)	✓	✓
Personal Statement	✓	✓
Candidate Eligibility Statement	✓	
Letter of Institutional Commitment	✓	✓

NIA-Specific Requirements for Re-entry Applications

Review parent PA and NOSI for full list of required components. In addition:

- **Research Training and Career Development Plan** (part of Research Strategy)
 - Integrated timeline with appropriate benchmarks
 - Pathways to research independence
 - Interactions between candidate and mentorship team
- **Candidate Eligibility Statement** (signed by Institutional Official)
 - **Citizenship:** Information on the candidate's citizenship or permanent residency
 - **Background:** Candidate's circumstances that confer eligibility under this program (i.e., re-entry OR re-integration OR re-training)
 - **Funding status:** Whether candidate has received past PHS research grant support

Review and Funding Timeline

- NIA accepts applications on a **rolling basis** and reviews applications within **2–3 months** of receipt
 - Applications are administratively reviewed by a committee of NIA staff
 - In review, applications may be deferred for more information
- Applications seeking consideration before September 30 must be received by **May 1**
 - Applications received after May 1 will be considered for funding after October 1, pending approval of the NIH budget.

Review Criteria

Re-Entry Supplements

1. Merit of the application and the proposed project activities
2. Strength of mentoring plan and institutional commitment to the candidate
3. Potential for continued research progress of the candidate

Continuity Supplements

1. Adequate progress of the project prior to the critical life event
2. Likelihood for project to succeed and advance PI's career with supplement funding
3. Plan for PI to return to full productivity at the end of the supplement period
4. Institutional commitment

Keep in touch with NIA Training staff

Visit the **NIA Training website**

Sign up for the **Inside NIA Blog**

Sign up for the **NIA Training newsletter**

Email **NIATraining@nih.gov**